

ConneXions

ConneXions is an innovative cross-border service supporting people with disabilities to participate in social networks. It is delivered by The Cedar Foundation, in partnership with National Learning Network.

The three-year Interreg IVA funded project was set up in October 2010 and is seeking to reduce isolation experienced by people with disabilities living in border and rural areas. It encourages peer support and is focused on establishing user led networks that offer advice, support, social and economic opportunities.

ConneXions is available to adults with a disability living in Newry, Dundalk, L/Derry or Letterkenny areas.

Referrals can come from a variety of sources including:

- Health & Social services
- Community/voluntary organisations
- Self referrals

For further information please get in touch with your local contact:

Republic of Ireland	
Dundalk	Sylvia Linehan Tel: 086 777 6161
Letterkenny	John Campbell Tel: 086 777 5744
Northern Ireland	
Newry	Pauline McGeown Tel: 07587887441
Foyle	Freida McElhinney Tel: 07587887440

Or email:

connexions@cedar-foundation.org

There are two key elements to the ConneXions service:

- Providing capacity building training and on-going support to disabled people, who will lead and develop local social networks. The groups will encourage and support others to take part in activities in their local communities and forge cross border links with similar groups.
- Carrying out research which will develop greater understanding about barriers experienced by people with disabilities in engaging with their communities. This information will inform a Strategic Forum, made up of key public sector organisations, in order to influence change and build social capital between disabled people and public sector commissioners.



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